

# PRAY LIKE THIS week one

\*\*These questions are for your growth and to prepare for the conversation in your Growth Group. We encourage you to read through them, spend some time thinking about your responses and write down anything that could aid in your Group. We also encourage you dig deeper, research, look for supporting Scriptures, etc. We are excited for your growth relationally and spiritual. **We recommend the Bible versions of - ESV, NTL, NIV, NASB and The Message.**

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**Series Overview: People say, “Pray, don’t panic.” And I want to, but I don’t feel like I know how. Or maybe I’m just not good at it. Calm isn’t easy for me to come by. Is it just me? I want to believe that prayer works, that it changes things, that it can make the world better, and that it can make me better. But how? People during the days of Jesus asked the same sort of questions. And he responded by teaching his followers to pray in a revolutionary way.**

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## //TALK

**Ice Breaker** - How many rolls of toilet paper do you have right now?

**Q1** – Can you remember being taught about prayer or praying as a child? What’s your earliest memory of praying?

**Q2** – The statement was made, “**Prayer is intentionally conveying a message to God.**” What do you think about that definition? What definition of prayer have you used before?

**Q3** – Read **Matthew 6:9-13**— [Read in different translations] What stands out to you in this passage? Why do you think it’s so important for the prayer to begin with recognizing the personal aspect of God as “Our Father”?

**Q4** – Would you agree that “**our views of our Heavenly Father are bound to our childhood impressions of the father we had/have**”? How have you noticed this in your own relationship with God?

**Q5** – Read **Hebrews 2:16-18** [Read in different translations] What stands out to you? What does it mean that he is able to “help where help was needed”? [MSG]

**Q6** – How can you shift your view of God this week to begin seeing him as a personal father?

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## //GO DEEPER

Check out some resources: Do some research on The Lord’s Prayer this week. Book: “A Layman Look at The Lord’s Prayer” by W. Phillip Keller

## //THE POINT

**Understand His character, so you can have confidence in God.**

## //MEMORIZE

**Matthew 6:9-13 NLT - 9 Pray like this: Our Father in heaven, may your name be kept holy.**

**10 May your Kingdom come soon. May your will be done on earth, as it is in heaven. 11 Give us today the food we need, 12 and forgive us our sins, as we have forgiven those who sin against us. 13 And don’t let us yield to temptation, but rescue us from the evil one.**

## //PRAY

As you share prayer requests, take time to personally make requests known in an honest and safe environment. Pray for the needs of your group and if others are comfortable, encourage others to lead in prayer as well as the group leader. Take a moment to pray for our church, the impact we can have on our community, and that we will continue to follow God’s lead to move forward together. Pray through The Lord’s Prayer and think of people you can reach out to as a group to help keep the people of South Hills connected in community.