

## Carpool: Mar. 17

### //DISCUSS

- Q1 – Have you ever been to a concert that felt like a spiritual experience; where everyone was signing at the top of their lungs, and it felt transcendent?
- Q2 – Which way do you most naturally connect with God and how could you stretch yourself in one other area? Mark 12:30  
HEART: Expressing your feelings  
SOUL: Submitting to God our anxieties, insecurities, & assumptions  
MIND: Meditating on the words you're singing and how to live them out  
STRENGTH: Exerting physical effort to sing, clap, dance, etc.
- Q3 – Is there a spiritual ritual you've recently found that has helped you connect deeper with God?
- Q4 – Is there a spiritual ritual you've left behind because it is no longer helping you?
- Q5 – **Challenge:** Take time to slow down and whole-heartedly thank God for who He is and what He's done. How could you do this this week?

### //READ

- Acts 16 (Main passage)
- Psalm 150:3-5
- Psalm 98:4-6
- Psalm 155:3
- 2 Chronicles 5:13

### //PRAY

Lord, we thank you for all you have done and for who you are. Help us to prioritize rituals in our life that connect us deeper with you and to release those that no longer serve us in our relationship with you. May we connect with you in praise and worship in a way that leaves us changed.