

## Senseless: Sept. 22

### //DISCUSS

Q1 – What are some of your favorite foods?

What are the comfort foods you crave when you are stressed?

Q2 – Are you someone who eats a lot of the same foods over and over or do you frequently like to try new things?

Q3 – One of the best ways to share love is to share food.

Do you have a memory involving food or a meal where you felt love from someone else?

Q4 – In what ways could you slow down and savor the food and people in front of you?

Q5 – When could you plan a long meandering meal with people you don't know very well and be as interested in them as Jesus is in you?

Would the meal be at your home or in a restaurant?

Who would you invite?

### //READ

- Acts 10:9-29

- Psalm 34:8

### //PRAY

Lord, we pray that you would help us to show your love to others. That we would slow down and savor our meals and invite people to sit and savor with us.