

## Fight Songs: March 23

### //DISCUSS

- Q1 – Who you are with changes how you feel about what you face.  
Have you ever faced something difficult with support and faced something difficult without support? How did that feel? How was it different?
- Q2 – Have you ever been in a valley in life & felt like you got stuck there instead of passing through it?  
There's a difference in facing a season of disappointment, discouragement, & darkness and being perpetually in that season.  
How have you navigated seasons like this or maybe you are facing one right now?
- Q3 – The Rod in Psalm 23 refers to protect, disciple, & examine.  
God's rod is His word, and it is there to protect us.  
2 Timothy 3:16 "All Scripture is inspired by God and is useful to teach us what is true and to make us realize what is wrong in our lives. It corrects us when we are wrong and teaches us to do what is right.  
When facing something in life, do you tend to go to scripture or just muscle through on your own & figure it out?  
How is this working for you? What is it producing in your life?
- Q4 – The Staff in Psalm 23 refers to guide, rescue, pull close. The staff represents God's spirit.  
John 14:16 And I will ask the father, and He will give you another Advocate, who will never leave you.  
How are you leaning on God's guiding spirit? What does this look like in your life?

**Challenge:** Do one good thing that makes you nervous. Do the thing that looks like "moving through" not "giving up" or "surrendering to".

### //READ

- Psalm 23:4 "Even though I walk through the darkest valley, I will not be afraid for you are close beside me. Your rod and your staff protect and comfort me."
- John 16:33

### //PRAY

Lord, we pray that you would help us remember that you are right beside us and you have given us things to protect and comfort us through your word and your spirit and your people.