**Life Hacks: July 13**

**//DISCUSS**

Q1 – Do you more often overthink and over research or underthink and under research?

Q2 – Reasons we can't commit to a course of action: Which do you tend towards most often?

1. We think we have plenty of time
2. We feel overwhelmed by the conflicting information
3. We demand the solution be inspiring & entertaining
4. We want enormous results instantly

5. We fear failure & embarrassment

Q3 – You're more likely to do the inconvenient, uncomfortable good thing you ought to do when

you pull the right people in to help you.

Who are these people in your life & how do they do this for you?

Q4 – What is something you know you should do or something you should stop doing that you

just haven’t done yet?

Q5 – What do you think is holding you back from doing what you know you should do?

What is one step you can take in that direction?

**Challenge:** Write down one area where you know better, but you haven't started doing better and take one small step in that direction.

**//READ**

* Mark 2:1-12
* James 2:14-17
* Matthew 7:20
* Zechariah 4:10

**//PRAY**

Lord, we pray that you would help us put our faith into action. That the things you are inspiring us to do, we would move towards and trust you to guide us.